

# Breakfast Menu Jan-May 2023

Breakfast  
PreK – 12th Grade  
Fruit - 1 cup  
Grains - 1 oz  
Milk - 1 cup



Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

WG  
Mini Donuts  
Asst. Juice  
Chilled Fruit  
Milk Variety

Pillsbury Mini  
Cinni Bites  
Asst. Juice  
Chilled Fruit  
Milk Variety

Whole grain  
Cherry Cocoa Bar  
Asst. Juice  
Chilled Fruit  
Milk Variety

4 oz. Yogurt Cup  
Grahams  
Asst. Juice  
Chilled Fruit  
Milk Variety

WG Muffin  
String Cheese  
Asst. Juice  
Chilled Fruit  
Milk Variety

Week 2

Asst. WG Cereal  
String Cheese  
Asst. Juice  
Chilled Fruit  
Milk Variety

WG Mini  
Pancakes  
Asst. Juice  
Chilled Fruit

Asst. Juice  
Chilled Fruit  
Milk Variety

WG Pop-tart  
String Cheese  
Asst. Juice  
Chilled Fruit  
Milk Variety

Whole grain Cherry  
Cocoa Bar  
Asst. Juice  
Chilled Fruit  
Milk Variety

January 23

February 23

March 23

April 23

May 23

2	3	4	5	6	30	31	1	2	3	27	28	1	2	3	27	28	29	30	31	24	25	26	27	29
9	10	11	12	13	6	7	8	9	10	6	7	8	9	10	3	4	5	6	7	1	2	3	4	5
16	17	18	19	20	13	14	15	16	17	13	14	15	16	17	10	11	12	13	14	8	9	10	11	12
23	24	25	26	28	20	21	22	23	24	20	21	22	23	24	17	18	19	20	21	15	16	17	18	19

4 oz. Yogurt Cup  
Grahams